

OCTOBER 2020

Leggett Valley Unified School District

Monday

Tuesday

Wednesday

Thursday

Friday

5
Ham sandwich
Fresh fruit
1% White milk

6
Beef and bean burrito w/
rice and cheese
Fresh fruit
1% White milk

7
Chicken Caesar salad
Fresh fruit
1% White milk

8
Turkey sandwich
Fresh fruit
1% White milk

9
Meatloaf w/ mashed
Potatoes & gravy
Fresh fruit
1% White milk

12
Barbecued chicken
sandwich
Fresh fruit
1% White milk

13
Spaghetti w/ meat sauce
Fresh fruit
1% White milk

14
Chef salad w/ ham and
egg and saltines
Fresh fruit
1% White milk

15
Barbecued chicken fillet
sandwich
Fresh fruit
1% White milk

16
Roast pork w/ mashed
potatoes and gravy w/
whole wheat bread
Fresh fruit
1% White milk

19
Turkey sandwich
Fresh fruit
1% White milk

20
Beef, bean and cheese
burrito
Fresh fruit
1% White milk

21
Pepperoni pizza pockets
Fresh fruit
1% White milk

22
Chicken fried rice
Fresh fruit
1% White milk

23
Clam chowder
Saltines
Fresh fruit
1% White milk

26
Peanut butter and jelly on
whole wheat
Fresh fruit
1% White milk

27
Chicken fajita w/ beans
and cheese
Fresh fruit
1% White milk

28
Chicken fried rice
Fresh fruit
1% White milk

29
Hamburger on a bun
Fresh fruit
1% White milk

30
White beans w/ ham
combread
Fresh fruit
1% White milk

